

The Swim England Diving National Age Group Championships were held in Sheffield from 6th – 9th July and saw many London Region Diving Clubs taking part. The competition is aimed at divers from 9 – 18 years of age and includes springboard, platform and synchro events.

Congratulations to all of the divers from the region who took part and extra congratulations to those who won a total of thirteen individual and one synchro medal!

Please see below for all medallists from the London Region. More reports from the Diving NAGs can be found [HERE](#)

Individual Medallists

Group D (10-11 years of age)

Event	Place	Diver	Club
Boys 1m Springboard	2 nd	Selim Karim Rogers	Dive London Aquatics Club
Girls 1m Springboard	3 rd	Hannah Newbrook	Dive London Aquatics Club
Girls Platform	3 rd	Hannah Newbrook	Dive London Aquatics Club

Group C (12-13 years of age)

Event	Place	Diver	Club
Boys 1m Springboard	1 st	Jack Jefford	Crystal Palace Diving Club
Boys 3m Springboard	1 st	Jack Jefford	Crystal Palace Diving Club
Boys Platform	1 st	Jack Jefford	Crystal Palace Diving Club
Girls 1m Springboard	1 st	Desharne Bent-Ashmeil	Crystal Palace Diving Club
Girls 1m Springboard	2 nd	Sofia Ostacchini	Crystal Palace Diving Club
Girls 3m Springboard	2 nd	Desharne Bent-Ashmeil	Crystal Palace Diving Club
Girls 3m Springboard	3 rd	Sofia Ostacchini	Crystal Palace Diving Club
Girls Platform	1 st	Florence Summers	Crystal Palace Diving Club

Group A (16-18 years of age)

Event	Place	Diver	Club
Girls 1m Springboard	2 nd	Connie Deighton	Crystal Palace Diving Club
Girls 3m Springboard	2 nd	Connie Deighton	Crystal Palace Diving Club

Synchro Medallists

Event	Place	Divers	Club(s)
Boys C/D 1m Synchro	2 nd	Jack Jefford	Crystal Palace Diving Club